

CHARACTER DAY BAHAMAS #cultivatingcharacter

The PACE Foundation, First Trust Bank Limited (FTBL) Charitable Foundation, Bahamas AIDS Foundation, Lyford Cay Foundation's FOCUS, Sandals Foundation, and Commonwealth Bank have partnered to host Character Day in The Bahamas, an international project led by the Emmy-nominated studio, Let It Ripple.

We invite schools, business, churches, civic groups, non-profit organizations, families and individuals to join us during the month of September and especially on **September 26**, for the 3rd annual Character Day Bahamas celebrations. Be a part of this global conversation about the importance of developing and improving character. This event is devoted to developing who we are, and who we want to be.



Why Character Day?

Character, the distinguishing mental and moral qualities built into a person's life, is the most valuable aspect of our personhood. Studies have shown that intentional development of character and focus on social and emotional learning leads to improvement in academic performance, sense of self, behaviour, and relationships.

Character Day films and activities generate conversation on 24-character traits, grouped into 6 categories on the Periodic Table of Character Strengths. Events are intrinsically linked to the five key competencies of social and emotional learning - *self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.*

Character influences individual success and impacts the way in which our society functions. It therefore important for us to ask ourselves who we are, and who we want to be in this ever-changing world.

What do people do for Character Day?

Host a Character-Building Event - Your event can look and feel any way you like and occur at **any time in September**. View films, have small group discussions, join global live casts and participate in team building exercises the possibilities are endless!

Will I get help to prepare for Character Day?

Our August **workshops (22nd and 29th in New Providence, 28th Abaco, 30th Grand Bahama, 31st Exuma)** are designed to provide training on character education. Participants will hear from Bahamian speakers with expertise in character development and education, discuss the Science of Character, and participate in cafe style conversations so that they walk away with a plan for Character Day and beyond.

HOW CAN I LEARN MORE?

Contact us at: characterdaybahamas242@gmail.com

Participate in a workshop.

Explore the website at characterday.org and sign up for Character Day